



PRAYER TO HAVE THE SAME FAITH
AND DEDICATION AS THE FAITHFUL IN

Myanmar

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Our Lord, today we ask you to increase our faith, moving us by the example of faith and dedication that we see in the faithful of Myanmar.

Many women religious there have lost everything they have possessed in recent years, but their testimonies are full of faith.

“I have realised that everything we have on earth is temporary. I try to live under God’s guidance and in God’s grace, detached from everything.”

Help us, like them, to trust You fully,
to let go of what we possess
and to seek always to live in your grace.

At times, they are overcome with fear and a feeling of helplessness hearing about the innocent people who are suffering, the families who have lost loved ones, people they love so dearly.

“My heart breaks for our country and our people. I was afraid to experience so much fear day by day. But the words of our bishop have helped us not to forget God in our daily suffering, to return to God with a contrite heart, to learn to forgive, to transform ourselves rather than wanting others to be transformed”.

Lord, we ask you to strengthen our hearts, that we may always remember your presence and respond in faith to adversity.

These religious sisters do not only cling to You in their difficult times,
but they also have a profound vision of their mission.

“God sends us out of our places, our convents, so that we can reach out to others, so that we can do His mission in more distant places, in places where we wouldn’t have gone if it weren’t for the war. I thank God for all those people he has put around me, very generous people.”

We ask you, Lord help us to see divine providence when you put us in the way of others, sometimes beyond comfort, to do your will and to serve where there is most need.

May we, like our brothers and sisters in Myanmar, know how to be instruments of your peace and heralds of your love, with a willing and faithful heart, today and always.

Amen.